

ST. PATRICK'S PRIMARY SCHOOL

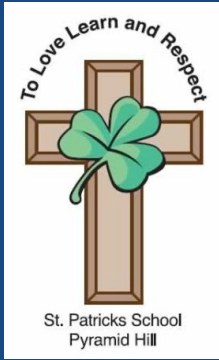
PYRAMID HILL

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"Education For All"



St. Patrick's is a welcoming community where all are encouraged to **'Love, Learn and Respect'** in the **Josephite Tradition.**

MONDAY 29TH APRIL 2024 ISSUE NO. 6

Dear Families,

On Friday this week, our Year 5/6 students will be heading to Echuca for the annual Northern Plains Cluster Student Conference. Our Keynote speaker will be Kath Koschel. Kath is the founder and CEO of The Kindness Factory. The Kindness Factory is a not-for-profit organisation and is on a mission to make the world a kinder place. They focus primarily on communities and schools. They also fund valuable research and insights into kindness and collaborate with like-minded people and organisations who share a passion for kindness. With this in mind, I thought I'd share some insights into the benefits of kindness.

Helping others feels good: Studies have found that acts of kindness are linked to increased feelings of well-being. Helping others can also improve our support networks and encourage us to be more active. This, in turn, can improve our self-esteem. There is some evidence to suggest that when we help others, it can promote changes in the brain that are linked with happiness.

It creates a sense of belonging and reduces isolation: Helping others is thought to be one of the ways that people create, maintain, and strengthen their social connections. For example, volunteering and helping others can help us feel a sense of belonging, make new friends, and connect with our communities. Face-to-face activities such as volunteering at a food bank, the local op-shop or joining local committees, can also help reduce loneliness and isolation.

It helps to keep things in perspective: Many people don't realise the impact a different perspective can have on their outlook on life. There is some evidence that being aware of our own acts of kindness, as well as the things we are grateful for, can increase feelings of happiness, optimism and satisfaction. Doing good may help you to have a more positive outlook about your own circumstances.

It helps to make the world a happier place – one act of kindness can often lead to more: Acts of kindness can make the world a happier place for everyone. They can boost feelings of confidence, being in control, happiness and optimism. They may also encourage others to repeat the good deeds they've experienced themselves – contributing to a more positive community.

Have a great week

John

APRIL

29th: Start of Catholic Education Week

29th: Sandhurst Arts on Show rehearsal

MAY

1st: Visit to Pre-School. SAKG

3rd: Year 5/6 Student Conference

8th: Visit from Kate Fogarty - Director of CES Ltd.

9th: Winter Sports - Boort

10th: Working Bee.

14th - 16th: School Review

17th: SAKG

20th: Food Share

22nd: Pre-School visiting us

24th: SAKG

St. Patrick's Primary School is committed to child safety.

We believe all children have the right to feel safe and to be safe.



Behold, I make all things new. Rev 21:5

Every day
COUNTS!

School success starts
with attendance

ANZAC Day

Last Thursday the 25th of April was ANZAC Day. Our student leaders did a wonderful job representing the school at the Pyramid Hill service at the Memorial Hall. Thank-you to them and to Jean for organising it.



Sandhurst Arts on Show

On the 12th of September, our students will be performing in Echuca as part of the Sandhurst Arts on Show. We will be performing a song and a dance by ourselves, another song with Our Lady of the Sacred Heart school from Elmore, and a massed choir performance with all the other schools. A3 Performing Arts conducted our first rehearsal here at school today.

Working Bee

At our last Parent Engagement Forum, it was decided that it was time for a working bee at school. There are no big jobs that are required, but lots of little ones to keep the school tidy, well maintained and safe. The details are as follows:

Date: Friday 10th of May

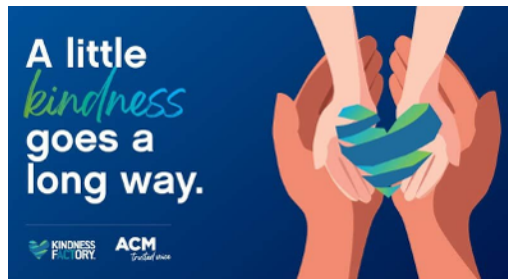
When: From 4pm - 6pm

Come for as little or as long as you're able.

We hope you can make it :)

Student Conference

Every year, the Year 5 and 6 students from the Northern Plains cluster of Catholic Schools, come together for a student conference. This year's conference will be held at St. Mary's school in Echuca on Friday 3rd May. As I mentioned earlier, the keynote speaker for this event will be Kath Koschel, founder and director of "The Kindness Factory". Other activities on the day will focus on Resilience, Proactivity and awareness of self through Dance.



SAKG



OUR BIRTHDAY CALENDAR - MARCH & APRIL

10th April - Leiza

19th April - Jace

28th May - Louise

Tagalog

Pinagpalang araw po.

Thank you to all the learners for sharing their fantastic ideas for the Languages Film Festival Entry. We are currently gathering all of the learners' creative ideas for this year's short movie. Next, we will present the compiled ideas and start working on the script.

Stay tuned for more exciting updates.

Mary Anne Domingo

Language Assistant

Visit to Pre-School

On Wednesday the 1st of May, we will be visiting the Pre-School. This is their Bush Kinder Day so it should be a lot of fun. We will leave school at 9am and return by 10am.

Winter Sports Day Boort

Our Winter Sports Day in Boort will be happening on Thursday the 9th of May. This will involve our Year 3-6 students who will participate in sports including Football, Netball, Soccer, Newcombe (Volleyball), Tee Ball and Minkey (Hockey).

Chaplain's Chat

Anzac day a very important day for many Australians and it has us reflecting on many things. Like mateship and laying down their lives for others. It's important to realise that the words we use and the actions we take can impact on the lives of those around us. The bible speaks of this 66 times. As we honour our fallen soldiers, men and women who sacrificed their lives for what we have today, let's choose to make a difference. Kindness and care cost us nothing.

God Bless

Leiza

John 15:9-17

"This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you.



SAKG



Word Classes

Here is a link to a fun Word Wall vocabulary building activity that your child can play. The student needs to hear or read the word and then drop it into the correct word class carriage (e.g. verbs, nouns etc). Click on the following link to access the activity:

wordwall.net/resources/28289782

What's Happening in the Classroom?

Welcome to Week 3 of Term Two.

We have been busy getting back into our fun learning!

Literacy: F-6 F-2 students have written about recipes and daily procedures they have followed and written steps that others could follow.

3-6: The students have been busy learning about the procedures we follow when we make things like pancakes and Anzac Biscuits. The students will continue to learn about sentence structure and the use of verbs and adverbs in their writing.

Numeracy: F-2 students have been counting, showing numbers using materials and skip counting by different numbers. The **3-6** students have been learning many mental computation strategies that can help them become more efficient with addition and subtraction. They will now extend these strategies to build up their skills in multiplication and division.

Religion: Our theme for the next two weeks is Pentecost. Pentecost is the Christian festival that celebrates the coming of the Holy Spirit 50 days after Easter. Many people consider it the birthday of the Christian church and celebrate it as such.

Resilience, Rights and Respectful Relationships: We will continue on with the topic 'Positive Coping'. The students will learn about ways to manage and take responsibility for intense emotions such as frustration and anger.

Inquiry: F-2: The students will learn about the invisible force of gravity and the things we could not do without it.

3-6 The students are learning about the scientific method and have discovered how the forces of Gravity and Air Resistance effect us during experiments.

Sport: We have continued to build on our AFL skills through learning new skills and games.

Chris and Louise

Sports



Calendar Events

Please keep an eye on all events listed on the Calendar on the front page of this Newsletter. There are a number of events coming up so please make yourself aware of these.

The Calendar is updated each time the Newsletter goes out.